

# TASTE BRUNCH

## EGGS YOUR WAY

### EGGS BENEDICT

English muffin topped with free range poached eggs, & house made hollandaise sauce

### FLORENTINE €16

With sautéed spinach.  
(1, 3 MILK, 7 WHEAT, 10)

### CLASSIC €18

With bacon.  
(1, 3 MILK, 7 WHEAT, 10)

### IRISH €20

With Clonakilty black pudding & bacon.  
(1, 3 MILK, 7 WHEAT, OATS, 10)

### SMASHED AVOCADO & POACHED EGG SPECIALS

#### SMASHED AVOCADO & PICO DE GALLO €17

With spinach, poached eggs on house made brown soda bread  
(1, 3 MILK, 7 WHEAT)

#### SMASHED AVOCADO & SMOKED CHORIZO €18

With poached eggs, peanut rayú, mushroom, sweet potato, guacamole & sour dough  
(1, 3 MILK, 6, 7 WHEAT, 10, 11, 14 PEANUTS)

## BREAKFAST HASH

### TASTE BREAKFAST HASH €20

Chorizo, parmentier potatoes, cheddar, spinach, scrambled egg, tomato, hollandaise  
(1, 3 MILK, 10)

### VEGAN HASH €20

Parmentier potatoes, spinach, pico de gallo, mushroom, vegan sausage, cashew miso dressing  
(5 CASHEW, 10)

## VEGETARIAN OR VEGAN

### VEGETARIAN BREAKFAST €19

Toonsbridge balloumi, mushroom, sweet potato with cashew crunch, guacamole, spinach, tomato, free range egg & toast  
(1, 3 MILK, 5 CASHEW, 6, 7 WHEAT, 9, 10, 11 SESAME)

### VEGAN SPECIAL €18

Portobello mushrooms & peanut rayu on a hand cut sour dough with spinach, guacamole, sweet potato & slow roast tomato.  
(6, 7 WHEAT, 11, 14 PEANUTS)

## PANCAKES OR FRENCH TOAST

### ALL SERVED WITH A CONDIMENT BOX CONTAINING ORGANIC MAPLE SYRUP, NUTELLA, SALTED CARAMEL.

(1, 3 MILK, 5 HAZELNUTS, 7 WHEAT, 10)

### PANCAKES €13

### PANCAKES WITH STREAKY BACON €15

### THE PANCAKES WITH FRESH BERRIES, BERRY COMPOTÉ & SOFT SERVE ICE CREAM €17

### FRENCH TOAST €14

### FRENCH TOAST WITH BACON €16

### FRENCH TOAST WITH FRESH BERRIES, BERRY COMPOTÉ & SOFT SERVE ICE CREAM €17

Gluten Free French Toast Available on request

## HEALTHY BOWLS

### DAIRY FREE SMOOTHIE BOWLS

Thick blended smoothies with Banana, Fresh Orange Juice, Coconut Yoghurt & mixed berries

### MORNING BOWL €16

Topping: Shaved coconut, melon, pineapple, grapes, granola.  
(5 PECANS, ALMONDS, 6, 7 OATS, 10, 11)

### BERRY BOWL €16

Topping: Banana, mixed berries, granola, chia seeds.  
(5 PECANS, ALMONDS, 6, 7 OATS, 10, 11)

## SIDES

### FRIES (ON THE SKINNY SIDE)

#### HOUSE FRIES €6 (10)

#### LOADED €8

#### ROASTED GARLIC MAYO & PARMESAN FRIES

(1, 3 MILK, 10)

#### BLUE CHEESE SAUCE & SPRING ONION FRIES

(1, 3 MILK, 8, 10)

#### LOUISIANA FRIES (3 MILK, 9, 10)

#### ROAST SWEET POTATO WITH CASHEW CRUNCH OR PEANUT RAYÚ

(5 CASHEW, 6, 10, 11, 14 PEANUTS)

#### CHIP & DIP €8 (1, 3 MILK, 10)

DIPS: Roasted garlic, chipotle or blue cheese mayos

# TASTE BRUNCH

## CAFÉ CLASSICS

### INCLUDES A CHOICE OF SIDE (SEE SIDE OPTIONS)

#### TASTE OPEN CLUB SANDWICH €18

Foccacia, pesto, chicken breast, bacon, tomato, brie, soft fried egg, baby leaf, lemon & basil mayo.  
(1, 3 MILK, 5 ALMONDS, 7 WHEAT, 10)

#### CHIPOTLE CHICKEN €18

Chipotle marinated grilled chicken thigh, topped with Pico De Gallo & guacamaole (7 WHEAT, 10)

## SIDE OPTIONS

### CHOOSE FROM

FRIES, SWEET POTATO, OR BABY LEAF SALAD

ADD FOR €3 ANY LOADED FRIES OR LOADED SWEET POTATO OR TRIO OF SALADS

## BURGERS

### IRISH ANGUS BEEF, BRIOCHE BUN, BABY GEM, TOMATO, PICKLES, BURGER SAUCE & FRIES

#### CLASSIC BEEF €18

Our basic burger as above. (1, 7 WHEAT, 8, 10)

#### DIABLO BURGER €20

with jalapenos, pico de gallo, fermented chilli & guacamole  
(1, 3 MILK, 7 WHEAT, 8, 10)

#### TASTE SMOKED BACON BURGER €20

Smoked streaky bacon, French brie, hot honey (1, 3 MILK, 7 WHEAT, 10)

#### BEEF & BLUE CHEESE €20

with Portobello mushroom, blue cheese sauce & sauteed onions  
(1, 3 MILK, 7 WHEAT, 8, 10)

### SPECIALS

#### LOUISIANA CHICKEN BURGER €19

With Crispy spiced chicken fillet, Louisiana sauce.  
(1, 3 MILK, 7 WHEAT, 9, 10)

#### GRILLED VEGAN BURGER €18

Pea protein burger chargrilled with sautéed onion & roasted mushroom. Toasted vegan brioche & vegan mayo.  
(7 (WHEAT-BRIOCHE), 10)

EXTRA TOPPINGS ADD CHEESE, MUSHROOM, SAUTEED ONIONS, FRIED EGG, STREAKY SMOKED BACON €2 EA.

### SIDE SALADS

#### BABY LEAF SALAD €6 (10) TRIO OF SALADS €8

#### PICK ANY THREE SALADS FROM THE FOLLOWING:

PICO DE GALLO (10)	ASIAN SLAW (6, 10, 11)
JALAPENO & PINEAPPLE (8, 10)	MED VEG (10)
CARROT & ORANGE (6, 10, 11)	MOROCCAN COUS COUS (5 ALMOND, 7 WHEAT, 10, 11)
MADRAS CAULIFLOWER (10, 11)	QUINOA & BROWN RICE (10)
BETROOT SALAD (8, 10)	

## CHICKEN WINGS

### CHICKEN WINGS WITH HOUSE MARINADES

Regular €14 Large €18

ASIAN with Hoisin & lime. (6, 7 WHEAT, 10, 11) (MILD)  
LOUISIANA with scotch bonnets. (3 MILK, 9, 10) (MEDIUM-HOT)

## SALAD PLATES

### MAIN PROTEIN SERVED ON A BED OF QUINOA & BROWN RICE

JAMAICAN JERK CHICKEN PLATE €19  
Jerk Rubbed Thigh, Jalapeno & Pineapple, Carrot & Orange, Ranch Dressing, Pickled Red Onion  
(1 EGG, 8 MUSTARD, 10, 11 SESAME)

DIABLO CHICKEN PLATE €19  
Chipotle Thigh, Pico De Gallo, Guacamole, Jalapeno & Pineapple, Madras Cauliflower, Peanut Rayu  
(6, 8 MUSTARD, 10, 11 SESAME, 14 PEANUT)

MOROCCAN FALAFEL PLATE €18  
Falafels, Moroccan Cous Cous, Hummus, Med Veg, Beetroot Salad, Tabini Dressing  
(5 ALMONDS, HAZELNUTS, 7 WHEAT, 10, 11 SESAME)

VEGAN POWER PLATE €18  
Crispy Cauliflower Wings, Moroccan Cous Cous, Carrot & Orange, Guacamole  
(7 WHEAT, 5 ALMONDS, 8 MUSTARD, 11 SESAME)

ASIAN SALMON PLATE €19  
Salmon, Asian Slaw, Med Veg, Beetroot Salad, Super seeds, Peanut Rayu, pickled red onion  
(2 FISH, 6 SOYA, 10, 11 SESAME, 14 PEANUT)

ANY OF OUR SANDWICHES, WRAPS OR BURGERS CAN BE MADE GLUTEN FREE @0.50C

## ALLERGEN KEY

PLEASE NOTE THAT WHILST WE TAKE EVERY CARE WE WE CANNOT GUARANTEE THE ABSENCE OF AN ALLERGEN FROM ANY DISH ORDERED.

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|---------------------------------|--------------------------------------|-------------------------------------|
| 1. Egg & Products thereof       | 6. Soybeans & Products thereof       | 10. Sulphites                       |
| 2. Fish & Products thereof      | 7. Wheat (gluten) & Products thereof | 11. Sesame Seeds & Products thereof |
| 3. Dairy & Products thereof     | 8. Mustard & Products thereof        | 12. Lupin & Products thereof        |
| 4. Shellfish & Products thereof | 9. Celery & Products thereof         | 13. Molluscs & Products thereof     |
| 5. Nuts & Products thereof      |                                      | 14. Peanuts & Products thereof      |