

TASTE BRUNCH

EGGS YOUR WAY

EGGS BENEDICT

English muffin topped with free range poached eggs,
& house made hollandaise sauce

FLORENTINE €15

With sautéed spinach.
(1, 3 MILK, 7 WHEAT, 10)

CLASSIC €16

With bacon.
(1, 3 MILK, 7 WHEAT, 10)

IRISH €18

With Clonakilty black pudding & bacon.
(1, 3 MILK, 7 WHEAT, OATS, 10)

SMASHED AVOCADO & POACHED EGG SPECIALS

SMASHED AVOCADO & PICO DE GALLO €16

With spinach, poached eggs
on house made brown soda bread
(1, 3 MILK, 7 WHEAT)

SMASHED AVOCADO & SMOKED CHORIZO €16

With poached eggs, peanut rayú, mushroom,
sweet potato, guacamole & sour dough
(1, 3 MILK, 6, 7 WHEAT, 10, 11, 14 PEANUTS)

BREAKFAST HASH

TASTE BREAKFAST HASH €18

Chorizo, parmentier potatoes, cheddar, spinach,
scrambled egg, tomato, hollandaise
(1, 3 MILK, 10)

VEGAN HASH €18

Parmentier potatoes, spinach, pico de gallo,
mushroom, vegan sausage, cashew miso dressing
(5 CASHEW, 10)

VEGETARIAN OR VEGAN

VEGETARIAN BREAKFAST €18

Toonsbridge balloumi, mushroom, sweet potato with cashew
crunch, guacamole, spinach, tomato, free range egg & toast
(1, 3 MILK, 5 CASHEW, 6, 7 WHEAT, 9, 10, 11 SESAME)

VEGAN SPECIAL €16

Portobello mushrooms & peanut rayu on a hand cut
sour dough with spinach, guacamole, sweet potato
& slow roast tomato.
(6, 7 WHEAT, 11, 14 PEANUTS)

PANCAKES OR FRENCH TOAST

ALL SERVED WITH A CONDIMENT BOX CONTAINING ORGANIC MAPLE SYRUP, NUTELLA, SALTED CARAMEL.

(1, 3 MILK, 5 HAZELNUTS, 7 WHEAT, 10)

PANCAKES €12

PANCAKES WITH STREAKY BACON €14

THE PANCAKES WITH FRESH BERRIES, BERRY COMPOTÉ & SOFT SERVE ICE CREAM €16

FRENCH TOAST €13

FRENCH TOAST WITH BACON €15

FRENCH TOAST WITH FRESH BERRIES, BERRY COMPOTÉ & SOFT SERVE ICE CREAM €16

Gluten Free French Toast Available on request

HEALTHY BOWLS

DAIRY FREE SMOOTHIE BOWLS

Thick blended smoothies with Banana, Fresh Orange Juice,
Coconut Yoghurt & mixed berries

MORNING BOWL €14

Topping: Shaved coconut, melon, pineapple, grapes, granola.
(5 PECANS, ALMONDS, 6, 7 OATS, 10, 11)

BERRY BOWL €14

Topping: Banana, mixed berries, granola, chia seeds.
(5 PECANS, ALMONDS, 6, 7 OATS, 10, 11)

SIDES

FRIES (ON THE SKINNY SIDE)

HOUSE FRIES €6 (10)

LOADED €8

ROASTED GARLIC MAYO & PARMESAN FRIES

(1, 3 MILK, 10)

BLUE CHEESE SAUCE & SPRING ONION FRIES

(1, 3 MILK, 7 WHEAT, 8, 10)

LOUISIANA FRIES (3 MILK, 9, 10)

ROAST SWEET POTATO WITH CASHEW CRUNCH OR PEANUT RAYÚ

(5 CASHEW, 6, 10, 11, 14 PEANUTS)

CHIP & DIP €8 (1, 3 MILK, 10)

DIPS: Roasted garlic, chipotle or blue cheese mayos

TASTE BRUNCH

CAFÉ CLASSICS

INCLUDES A CHOICE OF SIDE (SEE SIDE OPTIONS)

TASTE OPEN CLUB SANDWICH €17

Foccacia, pesto, chicken breast, bacon, tomato, brie,
soft fried egg, baby leaf, lemon & basil mayo.
(1, 3 MILK, 5 ALMONDS, 7 WHEAT, 10)

CHIPOTLE CHICKEN €17

Sautéed chicken in our own chipotle marinade,
topped with Pico & guacamole. (7 WHEAT, 10)

SIDE OPTIONS

CHOOSE FROM

FRIES, SWEET POTATO, OR BABY LEAF SALAD

ADD FOR €3 ANY LOADED FRIES
OR LOADED SWEET POTATO OR TRIO OF SALADS

BURGERS

IRISH ANGUS BEEF, BRIOCHE BUN, BABY GEM TOMATO, BURGER SAUCE & FRIES

CLASSIC BEEF €17

Our basic burger as above. (1, 7 WHEAT, 8, 10)

DIABLO BURGER €19

with jalapenos, pico de gallo, fermented chilli & guacamole
(1, 3 MILK, 7 WHEAT, 8, 10)

TASTE SMOKED BACON BURGER €19

Smoked streaky bacon, French brie, hot honey (1, 3 MILK, 7 WHEAT, 10)

BEEF & BLUE CHEESE €19

with Portobello mushroom, blue cheese sauce & sauteed onions
(1, 3 MILK, 7 WHEAT, 8, 10)

SPECIALS

LOUISIANA CHICKEN BURGER €18

With Crispy spiced chicken fillet, Louisiana sauce.
(1, 3 MILK, 7 WHEAT, 9, 10)

GRILLED VEGAN BURGER €17

Pea protein burger chargrilled with sautéed onion & roasted
mushroom. Toasted vegan brioche & vegan mayo.
(7 (WHEAT-BRIOCHE), 10)

EXTRA TOPPINGS ADD CHEESE, MUSHROOM, SAUTEED
ONIONS, FRIED EGG, STREAKY SMOKED BACON €1.50 EA.

SIDE SALADS

BABY LEAF SALAD €6 (10) TRIO OF SALADS €8

PICK ANY THREE SALADS FROM THE FOLLOWING:

PICO DE GALLO (10)	ASIAN SLAW (6, 10, 11)
JALAPENO & PINEAPPLE (8, 10)	MED VEG (10)
CARROT & ORANGE (6, 10, 11)	MOROCCAN COUS COUS (5 ALMOND, 7 WHEAT, 10, 11)
MADRAS CAULIFLOWER (10, 11)	QUINOA & BROWN RICE (10)
BEETROOT SALAD (8, 10)	

CHICKEN WINGS

CHICKEN WINGS WITH HOUSE MARINADES

Regular €13 Large €17

ASIAN with Hoisin & lime. (6, 7 WHEAT, 10, 11) (MILD)

LOUISIANA with scotch bonnets. (3 MILK, 9, 10) (MEDIUM-HOT)

SALAD PLATES

MAIN PROTEIN SERVED ON A BED OF QUINOA & BROWN RICE

JAMAICAN JERK CHICKEN PLATE €18

Jerk Thigh, Jalapeno Pineapple, Pico de Galo. Carrot & Orange
Salad; Pickled red onion, Ranch Dressing
(1 EGG, 8 MUSTARD, 10, 11 SESAME)

DIABLO CHICKEN PLATE €18

Chipotle, Pico, Guac, Madras Cauliflower,
Jalapeno pineapple salad, Peanut rayu
(6, 8 MUSTARD, 10, 11 SESAME, 14 PEANUT)

MOROCCAN FALAFEL PLATE €17

Falafels, Moroccan Cous Cous, Hummus, Med Veg,
Beetroot Salad, Tabini Dressing
(5 ALMONDS, HAZELNUTS, 7 WHEAT, 10, 11 SESAME)

VEGAN POWER PLATE €17

Cauliflower wings, Carrot & orange salad,
Cauliflower salad, Pico, Guac
(8 MUSTARD, 11 SESAME)

ASIAN SALMON PLATE €18

Salmon, Asian Slaw, Med Veg, Beetroot Salad,
Super seeds, Peanut Rayu, pickled red onion
(2 FISH, 6 SOYA, 10, 11 SESAME, 14 PEANUT)

ANY OF OUR SANDWICHES, WRAPS OR BURGERS
CAN BE MADE GLUTEN FREE @0.50C

ALLERGEN KEY

PLEASE NOTE THAT WHILST WE TAKE EVERY CARE
WE WE CANNOT GUARANTEE THE ABSENCE OF AN
ALLERGEN FROM ANY DISH ORDERED.

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|---------------------------------|--------------------------------------|-------------------------------------|
| 1. Egg & Products thereof | 6. Soybeans & Products thereof | 10. Sulphites |
| 2. Fish & Products thereof | 7. Wheat (gluten) & Products thereof | 11. Sesame Seeds & Products thereof |
| 3. Dairy & Products thereof | 8. Mustard & Products thereof | 12. Lupin & Products thereof |
| 4. Shellfish & Products thereof | 9. Celery & Products thereof | 13. Molluscs & Products thereof |
| 5. Nuts & Products thereof | | 14. Peanuts & Products thereof |

Taste For You !

Breakfast, Lunch & Dinner



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