

TASTECATERING - COLD MEAT BUFFET

FRESHLY PREPARED FOR YOU!

[INFO@TASTECATERING.IE](mailto:INFO@TASTECATERING.IE) 01-6717972



COLD MEAT BUFFET @14.95PP

DIVIDED INTO 4 PLATES: ALL ARE INCLUDED CHICKEN, MEAT, FISH & VEGETARIAN.

SERVED WITH DIPS, DRESSINGS, RELISHES, SALADS & BREADS.

PLATTER'S (ALL INCLUDED)

CHICKEN PLATTER: PAN FRIED, CHIPOTLE & SMOKED CHICKEN

MEAT PLATTER: SALAMI, CHORIZO & SERRANO HAM

VEGETARIAN PLATTER: MEDITERRANEAN VEGETABLE FRITTATA, IRISH FARMHOUSE CHEESES, FIGS, GRAPES & STUFFED PEPPERS

SALMON PLATTER: GRILLED, SMOKED & ASIAN SALMON

EXECUTIVE COLD MEAT BUFFET @€16.95

AS ABOVE BUT ALSO INCLUDES

BBQ PULLED PORK PEANUT RAYÚ

MINI VEGETARIAN QUICHE SELECTION

& PARMA HAM

## LEAF SALADS

1 PER 10 PAX

### BABY LEAF, MOZZARELLA AND RED GRAPE SALAD

INGREDIENTS: MIXED BABY LEAVES, HALVED CHERRY TOMATOES, FIGS, MOZZARELLA, FRESH BASIL LEAVES, BALSAMIC DRESSING.

### CAESAR SALAD

INGREDIENTS: BABY GEM LETTUCE, SUNDRIED TOMATOES, CROUTONS, HALVED BLACK OLIVES, PARMESAN CHEESE SHAVINGS, CAESAR DRESSING (CONTAINS ANCHOVIES);

### BABY SPINACH, BLUE CHEESE AND PEAR SALAD

INGREDIENTS: BABY SPINACH, CRUMBLER BLUE CHEESE, SLICED PEARS, TOASTED SEEDS, POMEGRANATE, LEMON DRESSING.

### BABY SPINACH, GOATS CHEESE AND TOASTED ALMOND SALAD

INGREDIENTS: BABY SPINACH, GOAT CHEESE, SPRING ONIONS, TOASTED ALMONDS, BALSAMIC DRESSING.

### LEMON DRESSED BABY KALE, LINSEED, PUMPKIN & SUNFLOWER SEEDS



INGREDIENTS: KALE, LEMON, OLIVE OIL, SALT, PEPPER, LINSEED, PUMPKIN & SUNFLOWER SEEDS

## NON-LEAF SALADS

CHOOSE: 3 PER 10, 1 PER 10 THEREAFTER

### ASIAN SLAW

INGREDIENTS: RED, WHITE, AND CHINESE CABBAGE, SCALLIONS, BROWN AND WHITE SESAME SEED, CORIANDER, RED CHILLI, SOYA, MIRIN (RICE WINE VINEGAR), SESAME OIL & GARLIC.

### SWEET POTATO & CASHEW CRUNCH

INGREDIENTS: ROAST SWEET POTATO, CASHEW CRUNCH

### BEETROOT AND CARROT SLAW

INGREDIENTS: BEETROOT, CARROTS, MIXED SUPER SEEDS, CHIVES, ALMONDS, LEMON & LIME JUICE & OLIVE OIL

### RANCH SLAW

INGREDIENTS: AS ABOVE WITH SOUR CREAM, LEMON, MUSTARD & GARLIC.

## NON-LEAF SALADS CONTINUED

### ROASTED MINT & CHILLI MEDITERRANEAN VEGETABLE SALAD

INGREDIENTS: MIXTURE OF PEPPERS, COURGETTES, RED ONIONS, MINT, CHILLIES, OLIVE OIL & LEMON JUICE.

### TRADITIONAL COLESLAW

INGREDIENTS: SHREDDED WHITE CABBAGE, GRATED CARROT, MAYONNAISE, SALT & PEPPER, SLICED RED ONION.

### TASTE CHOPPED GREEK SALAD

INGREDIENTS: SHREDDED BABY GEM LETTUCE, WHOLE PITTED KALAMATA OLIVES, DICED CUCUMBERS, DICED YELLOW PEPPERS, CHERRY TOMATOES, GOATS CHEESE, RED ONION RINGS, BALSAMIC DRESSING.

### PICO DE GALLO- FRESH TOMATO SALSA

INGREDIENTS: TOMATO, JALAPENO, CORIANDER, ONION, CHILLI, OLIVE OIL, LEMON JUICE.

### HARISSA SPICED BROCCOLI

INGREDIENTS: BROCCOLI, HARISSA, OLIVE OIL, MIXED SEEDS & CHIA SEEDS

### CUMIN ROASTED CAULIFLOWER

INGREDIENTS: CAULIFLOWER, CUMIN SEEDS, CHICKPEAS, CHIVES, PARSLEY, MINT, CHERRY TOMATOES & OLIVE OIL ALLERGEN KEY: 10, 11

### MINT & LIME TABBbouLEH

INGREDIENTS: BULGUR WHEAT, MINT, PARSLEY, ZAAATAR, OLIVE OIL & LIME JUICE.

## DIPS & CONDIMENTS

FRESH BASIL PESTO, RED ONION MARMALADE, BASIL & LEMON MAYONNAISE, SOUR CREAM, WHOLEGRAIN MUSTARD, TOMATO RELISH, HUMMUS, FRESH GUACAMOLE, ROASTED GARLIC AIOLI, BLUE CHEESE DIP PEANUT RAYÚ CASHEW CRUNCH.

## BREADS

TOMATO, SOUR DOUGH, MULTISEED, RYE